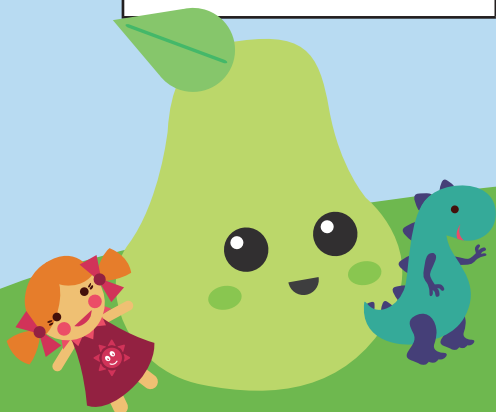


# Winter menus

Week One	Lunch	Dessert	Light tea	Dessert
Monday	Tuna pasta bake with garlic bread	Forest fruit jelly	Toasted crumpets	Natural yoghurt
Tuesday	Lamb hotpot with seasonal vegetables	Citrus fruit salad with cream	Assorted cracker selection	Banana and custard
<b>Vegetarian option</b>	<b>Quorn mince hotpot with seasonal vegetables</b>	<b>Citrus fruit salad with cream</b>	<b>Assorted cracker selection</b>	<b>Banana and custard</b>
Wednesday	Vegetable lasagne with homemade wedges	Apple crumble and custard	Baked beans on toast	Peaches and raisins
Thursday	Mild chicken and lentil curry with rice	Upside down pineapple sponge and custard	Country vegetable soup	Shortbread fingers
<b>Vegetarian option</b>	<b>Quorn chicken and lentil curry with rice</b>	<b>Upside down pineapple sponge and custard</b>	<b>Country vegetable soup</b>	<b>Shortbread fingers</b>
Friday	Sausage, mashed potato and beans	Banana bread	Assorted sandwich selection	Flapjack
<b>Vegetarian option</b>	<b>Vegetarian sausage, mashed potato &amp; beans</b>	<b>Banana bread</b>	<b>Assorted sandwich selection</b>	<b>Flapjack</b>

\* Where allergies and dietary requirements other than vegetarian are required, action will be taken to meet the needs of individuals through a child specific care plan upon registration of the child.



# Winter menus

Week Two	Lunch	Dessert	Light tea	Dessert
Monday	Baked potatoes with beans and cheese	Carrot cake	Minestrone soup	Rice pudding
Tuesday	Chicken and vegetable casserole	Fruit trifle	Mac and cheese	Blueberry muffins
<b>Vegetarian option</b>	<b>Quorn chicken and vegetable casserole</b>	<b>Fruit trifle</b>	<b>Mac and cheese</b>	<b>Blueberry muffins</b>
Wednesday	Oven baked fish with boiled potatoes & peas	Oat and raisin cookie	Cheese and tomato quiche	Cornflake tart
Thursday	Spaghetti Bolognese	Stewed apple and crème fraiche	Cheese toasties	Yoghurt
<b>Vegetarian option</b>	<b>Quorn spaghetti bolognese</b>	<b>Stewed apple and crème fraiche</b>	<b>Cheese toasties</b>	<b>Yoghurt</b>
Friday	Tomato and cheese pizza, wedges & beans	Melon slices	Spaghetti hoops and toast	Chocolate mousse

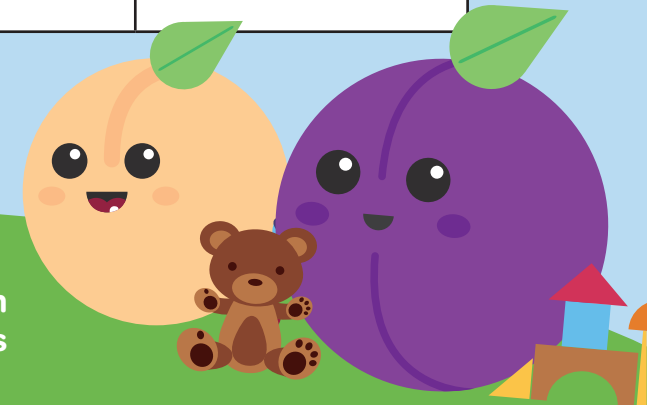
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# Winter menus

Week Three	Lunch	Dessert	Light tea	Dessert
Monday	Chilli and rice	Scones	Chicken soup and crusty bread	Satsuma
<b>Vegetarian option</b>	<b>Quorn Chilli and rice</b>	<b>Scones</b>	<b>Tomato soup and crusty bread</b>	<b>Satsuma</b>
Tuesday	Fish and vegetable bake with white sauce	Chocolate sponge and custard	Oat and carrot muffin	Malt loaf
Wednesday	Leek and potato pie with seasonal vegetables	Poached pear and cream	Scrambled egg and whole meal toast	Jam tart
Thursday	Roast chicken, roast potatoes & carrots in gravy	Strawberries and cream	Savoury rice	Victoria sponge cake
<b>Vegetarian option</b>	<b>Quorn chicken, roast potatoes and carrots in gravy</b>	<b>Strawberries and cream</b>	<b>Savoury rice</b>	<b>Victoria sponge cake</b>
Friday	Cheesy pasta bake	Rice crispy buns	Toasted muffins	Strawberry whip

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# Winter menus

Week Four	Lunch	Dessert	Light tea	Dessert
Monday	Chicken pie, mashed potato & cabbage in gravy	Mango chunks and cream	Cheese on toast	Ginger snaps
Vegetarian option	Vegetable pie, mashed potato & cabbage in gravy	Mango chunks and cream	Cheese on toast	Ginger snaps
Tuesday	Spaghetti and meatballs	Brownie	Cauliflower cheese bake	Assorted crepes
Vegetarian option	Quorn spaghetti and meatballs	Brownie	Cauliflower cheese bake	Assorted crepes
Wednesday	Cottage pie, green beans in gravy	Rhubarb crumble and custard	Mushroom risotto	Dried fruit mix
Vegetarian option	Quorn cottage pie, green beans in gravy	Rhubarb crumble and custard	Mushroom risotto	Dried fruit mix
Thursday	Toad in the hole, boiled potatoes and gravy	Apple pie and custard	Red lentil soup	Red & white Grape mix
Vegetarian option	Quorn toad in the hole, new potatoes and gravy	Apple pie and custard	Red lentil soup	Red & white Grape mix
Friday	Cheesy potato and beans pie	Jam sponge and custard	Eggy bread	Kiwi surprise

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