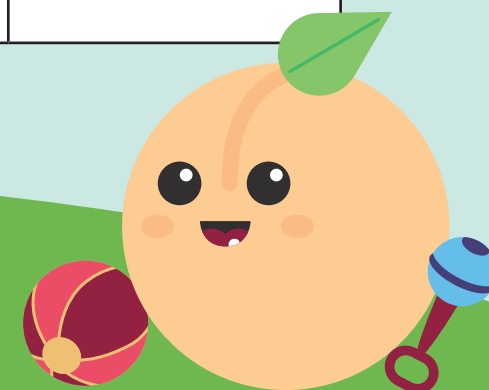


Weaning menus

The weaning meaning is to accommodate the dietary needs of babies that are at the first stages of eating solids, however the consistencies of the meals will vary to meet the different weaning stages of children.

Week One	Lunch	Dessert	Light tea	Dessert
Monday	Pureed sweet potato	Banana	Minestrone soup	Rice pudding
Tuesday	Pureed chicken and vegetable casserole	Pureed pear	Cheesy mashed potato	Blueberry pulp
Vegetarian option	Pureed quorn chicken and vegetable casserole	Fruit trifle	Cheesy mashed potato	Blueberry pulp
Wednesday	Pureed fish with boiled potatoes and peas	Pureed mango	Mashed butternut squash	Creamy custard
Thursday	Pureed spaghetti Bolognese	Stewed apple	Pureed roasted parsnip and carrot	Yoghurt
Vegetarian option	Pureed Quorn spaghetti bolognese	Stewed apple	Pureed roasted parsnip and carrot	Yoghurt
Friday	Tomato soup	Pureed Melon	Spaghetti hoops and toast	Chocolate mousse

* Where allergies and dietary requirements other than vegetarian are required, action will be taken to meet the needs of individuals through a child specific care plan upon registration of the child.



Weaning menus

The weaning meaning is to accommodate the dietary needs of babies that are at the first stages of eating solids, however the consistencies of the meals will vary to meet the different weaning stages of children.

Week Two	Lunch	Dessert	Light tea	Dessert
Monday	Pureed chilli and rice	Pureed grapes	Chicken soup	Pureed peach
Vegetarian option	Pureed Quorn chilli and rice	Pureed grapes	Vegetable soup	Pureed peach
Tuesday	Pureed sweet potato and cauliflower	Pureed kiwi and banana	Mashed potato and carrots	Pureed plum
Wednesday	Pureed Leek and potato	Stewed pear	Pureed butternut squash and cauliflower	Banana
Thursday	Pureed roast chicken, roast potatoes and carrots in gravy	Pureed strawberries and banana	Mashed sweet potato and broccoli	Stewed apple
Vegetarian option	Pureed quorn chicken, roast potatoes and carrots in gravy	Pureed strawberries and cream	Mashed sweet potato and broccoli	Stewed apple
Friday	Cheesy pasta bake	Rice cakes	Toasted muffins	Pureed apricot

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