

Key points on the prime areas of learning and how Sunbeams help to your child to develop these

#### PSED

Did you know?

- For young children, being special to someone and well cared for is important to their wellbeing
- From a very young age children can sense anger or frustration, so staying calm with your child will help them feel more secure and relaxed with you

How will Sunbeams help to promote your child's PSED skills?

- We will promote activities that increase independence, confidence and interaction with others.
- We will create positive relationships with key workers, this will encourage a sense of personal identity and support the ability for children to express their own needs

#### C+L

Did you know?

- That talking regularly to children from birth helps to build a good foundation for their language skills
- Babies can understand language from an early age although they can not verbally express themselves

How will Sunbeams help to promote your child's C+L skills?

- We will continuously interact with children to promote communication skills
- We will listen to children and read signs of other communication such as gestures and body language to ensure their needs are being met
- We will introduce new vocabulary through a wide range of planned activities

#### PD

Did you know?

- Babies have an innate ability to learn physical skills
- Building physical skills promotes your babies independence

How will Sunbeams help to promote your child's PD skills?

- We will provide a range of resources to help enhance children's physical abilities
- We will demonstrate and promote independence through the support of self care

THE PRIME AREAS ARE THE AREAS THAT DEVELOPMENT IS SUPPORTED WITH FIRST HOWEVER AS CHILDREN DEVELOP WITH AGE, THEY WILL PROGRESS ONTO TO THE SPECIFIC AREAS OF DEVELOPMENT AT AN INDIVIDUAL PACE.

How parents can help:

- Continue to provide a loving, caring relationship with your child as this allows your child to feel secure and gives them a sense of belonging
- Support your child to learn and develop by continuing to encourage their independence
- Communicate clearly and effectively with your baby, staying calm and being a positive role model
- Keep a good communication connection with your child's key worker, ensuring everyday interests are being met.

