

Summer menus

Week One	Lunch	Dessert	Light tea	Dessert
Monday	Vegetable stir fry	Fruit cocktail	Assorted wraps	Flap jack
Tuesday	Caribbean chicken & rice	Natural yoghurt	Fish cakes	Lemon cheesecake
Vegetarian option	Caribbean quorn chicken & rice	Natural yoghurt	Fish cakes	Lemon cheesecake
Wednesday	Salmon tagliatelle	Watermelon slices	Toasted pitta & houmous	Dried apricots
Thursday	Mini burgers in buns with wedges & coleslaw	Plum crumble & cream	Traffic light pasta salad	Blueberries
Vegetarian option	Quorn beef minced burgers in buns with wedges & coleslaw	Plum crumble & cream	Traffic light pasta salad	Blueberries
Friday	Fish fingers, new potatoes & side salad	Jelly and cream	Cheese muffins	Ice cream cones



* Where allergies and dietary requirements other than vegetarian are required, action will be taken to meet the needs of individuals through a child specific care plan upon registration of the child.



Summer menus

Week Two	Lunch	Dessert	Light tea	Dessert
Monday	Baked potato with tuna and cheese	Treacle sponge and custard	Assorted crackers	Natural yoghurt
Tuesday	Gnocchi with sliced peppers	Fruit sorbet	Egg mayonnaise sandwiches	Kiwi and banana
Wednesday	Roast chicken, new potatoes and side salad	Fruit tart	Traffic light rice	Melon slices
Vegetarian option	Quorn chicken, new potatoes and side salad	Fruit tart	Traffic light rice	Melon slices
Thursday	Spaghetti Bolognese with garlic bread	Mixed fruit flan	Tuna salad with crusty bread	Mandarins and cream
Vegetarian option	Quorn spaghetti Bolognese with garlic bread	Mixed fruit flan	Tuna salad with crusty bread	Mandarins and cream
Friday	Cheese pizza fingers and wedges	Vanilla sundaes	Dip and mix	Fairy bun

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Week Three	Lunch	Dessert	Light tea	Dessert
Monday	Chicken, pepper and cheese wraps	Bakewell tart	Cheesy pasta	Banana slices
Vegetarian option	Quorn chicken, pepper and cheese wraps	Bakewell tart	Cheesy pasta	Banana slices
Tuesday	Cheese and leek quiche with side salad	Trifle	Tuna baguettes	Carrot cake
Wednesday	Beef lasagne with garlic bread and side salad	Stewed apple and cream	Roasted vegetable couscous	Rice cakes
Vegetarian option	Quorn beef lasagne with garlic bread and side salad	Stewed apple and cream	Roasted vegetable couscous	Rice cakes
Thursday	Three bean enchiladas with wedges	Sponge cake	Toasted crumpets	Pineapple chunks in cream
Friday	Chicken goujons with mashed potato & beans	Fruit smoothie	Cheese on toast	Flapjack
Vegetarian option	Fish goujons with mashed potato and beans	Fruit smoothie	Cheese on toast	Flapjack

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Week Four	Lunch	Dessert	Light tea	Dessert
Monday	Spaghetti carbonara with pancetta	Banana bread	Toasted cream cheese bagels	Dried apricots
Vegetarian option	Spaghetti carbonara with peas	Banana bread	Toasted cream cheese bagels	Dried apricots
Tuesday	Tuna pasta bake with side salad	Strawberry cheesecake and cream	Ham salad with new potatoes	Short bread
Vegetarian option	Tuna pasta bake with side salad	Strawberry cheesecake and cream	Red and green pepper salad with new potatoes	Short bread
Wednesday	Vegetable curry with naan bread and yoghurt sauce	Iced fruit lollies	Tuna and potato salad	Watermelon slices
Thursday	BBQ chicken with boiled rice and side salad	Oat cookies	Stuffed pittas and carrot sticks	Fruit cocktail
Vegetarian option	BBQ quorn chicken with boiled rice & side salad	Oat cookies	Stuffed pittas and carrot sticks	Fruit cocktail
Friday	Hot dogs and wedges	Kiwi surprise	Ravioli	Choc chip buns
Vegetarian option	Quorn sausage hot dogs and wedges	Kiwi surprise	Vegetable ravioli	Choc chip buns

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